

Please read the following sample copy of our Consent form carefully. You will have an opportunity to ask your questions in the lab prior to testing.

CONSENT FOR CARDIAC NUCLEAR STRESS TESTING

I hereby **consent to** have the following test as determined by my doctor to gain information about my heart, which may guide my subsequent treatment:

Exercise Stress Plus Thallium Test – Walk on a treadmill at progressively faster speeds and steeper inclinations. I will also be given an injection of a radioactive substance (Thallium) to study the blood flow in my heart.

Pharmacologic Stress Plus Thallium Test – Receive an injection of a medicine (Dipyridamole) that will simulate exercise. I will also be given an injection of a radioactive substance (Thallium) to study the blood flow in my heart. I may be asked to walk slowly on the treadmill for a period of time. Prompt treatment with antidote will be given to reverse any side effects/complications of the pharmacologic agent.

I further consent:

- 1) to be clinically monitored in particular for my heart and blood pressure;
- 2) to the use of an intravenous as part of Thallium study;
- 3) to the administration of Thallium today and if required for a follow-up Thallium study
- 4) to the administration of other medicine(s) including anaesthetic(s) and/or additional or alternative procedures that may be found necessary during the procedure for ensuring my medical safety and well being;
- 5) that at his/her discretion the supervising doctor may use the assistance of other qualified physician(s) and medical staff/employees and may delegate them to order or perform all or part of the procedure or treat complications that may arise;
- 6) that such physician(s) shall have the same discretion in my investigation and treatment as the supervising doctor.

The risks associated with this procedure are small and include but are not limited to:

- *Headache, other aches, nausea, flushing, upset stomach, chest pain, shortness of breath, tremors, visual disturbances, dizziness, fainting, abnormal taste, cough, throat irritation, tiredness, sick feeling or other contrast media reactions*
- *Abnormal blood pressure, or disorders of the heart beat (fast, slow, or ineffective)*
- *Skin irritation or rarely permanent scarring at the electrode sites / intravenous site*
- *Worsening of asthma symptoms*
- *Falling off the treadmill*
- *Heart attack, cardiac arrest or death (extremely rare)*

Note that the radiation dose of Thallium used is considered biologically safe and at TotalCardiology our cameras allow us to use even less than the standard doses.